



DUATHLON CHINA 2008

RUN COURSE

DESCRIPTION

Final 10km Run

- 0K Straight ahead from transition area
- 2.5K U -TURN at the 3rd bridge
- 5.0K U -TURN at the start line
- 7.5K U -TURN at the 3rd bridge
- 10K Finish (same location as start line)

Final 10K Run Course Snap Shot:

The same route as 1st 5K run but it has two loops.

The Finish line is set at the same location as start line.




Duathlon China 2008
Dishui Lake
Run Course: 5km/loops

Finish

U-Turn

Transition

U-Turn

-  Water station
-  Run course
-  Run Direction

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